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THE PLOUGH-JOCKEY

Commanding Officer's Message



By now I would expect that most of you will have seen the key outtakes from former Supreme Court Justice Marie Deschamp's report 'Sexual Misconduct and Sexual Harassment' examining the Canadian Forces' attitude towards women and the LGBT community. If you have not seen those then it is highly likely that you have seen the extensive media coverage, overwhelmingly and unsurprisingly negative, embracing the report's findings at face value. In short we the Profession of Arms are marred by a highly 'sexualized culture' targeting women and the LGBT community and we have a clear 'disjunction' between our stated ethos and our actual conduct. This is a sweeping and damning assessment and one I would propose that is unfair.

I say this because having served for 32 years I have experienced a time where we were guilty of being a misogynist and abusive organization and where we made distinctions based on gender, race and sexual orientation. I can also state without hesitation that we have made enormous inroads towards eliminating these distinctions and we are quite simply not that Army anymore. To characterize the entire profession, therefore, as guilty of this conduct today impugns the character of the vast majority and ignores the significant progress we have made. Having said that, we are not perfect and clearly work remains as evidenced by the testimony provided to Mme Deschamp. Note that our own regiment is also not above approach in this regard as early in my tenure of

command I had to punish two of our own for offences of this nature and I would take the same swift action today if an issue arose. One case of harassment for any cause is too many.

At this juncture some of you, despite all the mandatory briefings we undergo, may be asking yourself what constitutes harassment. Indeed, similar to our individual views on ethics, perceptions of harassment based on gender, sexual orientation, religion or a host of variables vary depending on the individual. As I have stated in the past you come to The Regiment as fully formed human beings and your perceptions of right or wrong are based on societal influences, your upbringing, education, culture and a myriad of other factors. There is precious little I can say in our time together that is going to fundamentally alter your worldview. What I can do, however, is articulate the expectations of the Profession of Arms and define the arcs within which I expect you to operate.

To be clear there is no place in The Hastings and Prince Edward Regiment for the demeaning, marginalization or harassment of individual members for any reason whatsoever. Soldiering is a team sport and the accomplishment of our assigned tasks be they in garrison, training or operations requires a cohesive and unified effort which cannot be accomplished if we belittle, harass or intimidate individuals. We are one entity with no distinctions for gender, sexual orientation or ethnicity. Treat each other professionally and remember that while there is latitude for humour – indeed, I encourage it - it should never be at the expense of somebody's dignity or self-respect. Finally, while setting the tone for what is acceptable conduct is mine as a leadership responsibility, it is your *individual* responsibility to embody the standard once it is defined.

I was once asked in the course of an address to one of the local Rotaries 'how many women do you have to recruit?' I replied quite bluntly that I don't recruit women, I recruit

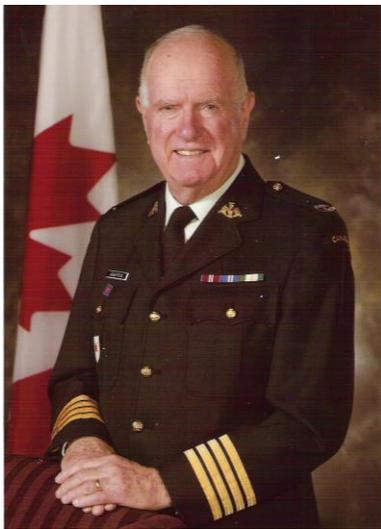
soldiers. This is the view you need to embrace – that we are *all* soldiers. We are all soldiers serving in a proud regiment with a storied history. Conduct yourselves in a manner that honours *our* legacy and never forget “the standard you walk past is the standard you accept.” Don’t be part of the abusive minority and weed out those who denigrate and undermine our collective identity through sexist and antiquated attitudes. Be professionals, be proud – be Hasty Ps.

Paratus

Lieutenant-Colonel S.D. McKinstry, OMM, CD

Honourary Colonel’s Message

As a citizen soldier, you are part of a special band of brothers and sisters. You are more than just a reserve



soldier, you are part of a storied regiment which extends far beyond the serving battalion. You are part of an extended family made up of those who served before and those who are keenly interested in keeping The Hastings and Prince Edward Regiment legacy alive and thriving.

Our Regiment has a rich battlefield record that is deeply entrenched in the military history of this country. Shortly, you will be concluding a vigorous fall and winter training schedule and will be proceeding into the field to hone your new skills amongst larger numbers and fellow units. It may be Exercise Stalwart Guardian or in Petawawa, Gagetown or Meaford. I know, from personal observation, that you have been well-trained and properly led and that you will perform well in your new summer locations.

You are difference makers, as were your predecessors. Wear your Hasty “P” badge with pride and seize every opportunity that comes your way in your summer postings!

Paratus

Honourary Colonel Ken Armstrong, OMC

LCol Ron Neal New Secretary-Treasurer of Regimental Trust

LCol (Retd) Ron Neal of Lindsay has accepted the position of Secretary-Treasurer of the Hastings and Prince Edward Regimental Trust. LCol Neal served previously with the Argyle and Sutherland Highlanders prior to commanding The Regiment (1990-1993).

Doug Buck Regimental Representative to Holland 70th Anniversary Celebrations



The handsome young Corporal to the left is none other than our own Doug Buck. Doug along with approximately 115 WWII veterans of the Dutch campaign were selected by the Canadian government to form the official delegation that travelled to Holland to mark the 70



Anniversary of VE Day and the liberation of the Dutch people. Doug spent much of the Dutch campaign as the Commanding Officer’s driver first with LCol Cameron and later with LCol Renison. I remember Doug telling me the day the German Commander of Amersfoort surrendered the garrison (May 7, 1945). He said he drove the CO and the IO over to this big house in a field. They jumped out of the jeep and went into the house. Doug said there were hundreds of German soldiers still armed sitting in the field around the house. Three of them got up and started walking over to the jeep. Doug said I reached down between the seats to make sure my weapon was

there but when they got up to me all they asked for was a cigarette. Doug said he gave them every cigarette he had.

Regimental Mil Skills Competition

On May 09, members of the Hast & PER took part of the second annual Military Skills (MilSkills) team competition held in Port Hope, more precisely at the Wesleyville Generating Station. Five teams participated in this year competition.

All stands were timed, 30 minutes duration maximum and some with a certain degree of complexity. All teams were strip of cell phone, flashlight or any light source possible; any use of light of any kind would result in a team penalty.

Small Party Task: consisted of 54* x ammo can (filled with sand to re-create the weight) sitting on a pallet. The reality was there was only 52 can, the bottom row was staggered and only contained 16 instead of 18. Although at first glance the stack seems to be 54 ammo can. The challenge was: the pallet was placed in the back of a MILCOT and required to be reshuffle across a distance of 50 metres to another MILCOT, while of course being situated in a contaminated area therefore wearing gas mask and only allowed to transfer 1 x can at a time and they had to reproduce the same pattern, for example first row handle facing outward, second row handle inward and so on.

Weapon assembly: consisted of finding and assembling a range of weapons (1 x C6, 2 x C-7, 2 x C-9, 2 x pistol, 1 x C7 with M203). The hic was that they were strip and mixed in three battle box and the boxes were hidden in a kill house, while this is relatively easy to accomplish, we added an element of darkness, the floorplan consisted of 11 rooms with trap door, crawl space, staircase etc..., once they found the box they would bring it to a dim lit area to assemble according to serial number and carrying out function test.

Kims Game: Memory retention game, held in another Kill House containing five rooms. The set-up was such that upon entry of the team the staff in location would state that he isn't quite ready for them yet, he would inform them to take a seat in the living room while he would proceed to get the stand ready for them to start the Kims Game. The hic, was the living room contain three numbered picture of eliminated target, Improvised Explosive Device (IED) in the process of being built on the table, a map with a location circle, a letter indicating time and date for rendezvous, etc... after a few minutes, the

staff would reenter the room and tell the team to follow him for the start of the game, he brings them to a small room where few items are exposed for viewing, then proceed to move to another room via the kitchen were more IED are displayed and a lock combination noticeably displayed on a poster. Once they enter the final room, the staff asks them what they saw in the living room, catching most by surprise. Further he ask for the lock combination and produce a box with a padlock, should they remember the combination they would be able to open the box to access a cell phone to detonate the IED.

Communication: While it is second nature for most Infantrymen to assemble a radio, it seems a little harder in total darkness, 5 x bin were located inside a classroom (10 x 15 metre) parts from a 521 (section level radio) and 522 (platoon level) plus a bit of nostalgia for the old dogs a 77 set along with many spare parts were strip amongst the other parts, the intent was to find, assemble and place an X frequency and conduct a radio check with higher command post.

Confinement space: The most challenging of the day, consisted of a reservoir tank with various compartment connected to a silo. This type of apparatus is normally mainly use for training fireman for confine area and high angle rescue. On Arrival the team was taken prisoner and strip of their equipment, blindfolded and had to go up a set of stairs and were guided inside a tent, kneel down in corners. One at a time would be given five minutes to go in and attempt to find various piece of equipment and assemble them in the dark. The reason for five minutes was also subliminal since we had a playback sound in the silo representing water rushing in, which created a psychological effect on some troops for an instance one refuse to go any further for his own safety, has he was thinking the silo would fill with water. After the five minutes they would be extracted and one of his teammate would go in to carry on with the task. This task was conducted in total darkness with limited grip to go on angle or up the silo.

AFV (Armored Fighting Vehicles Recognition): the team would be informed that they are part of a tank hunting team and would require to split and move into position to observe the area for potential vehicle treat. Pictures of armoured vehicle from various country were used along with 1/30 models. One team would have access to a Carl Gustav 84mm anti-tank weapon with the optical sight, the other team would have a powerful set of binocular, both team would have to mark the type, characteristics, country, etc... the hic, their observation post was located around a mezzanine, attempting to find such picture and model which were spread on a distance up to 50 metres however using multi-level structure on five different

levels, and finally although they were issue with a score sheet, the total amount on the sheet said 30 vehicles however only 20 were in display.

First Aid: Responding to a scene, with a bystander screaming for help. Troops came across 1 casualty in the open space area. Open proper survey of the scene, a second casualty was found missing with Vital Sign Absent (VSA). Patient with VSA was the constant CPR and check of vitals for entire scenario. The primary patient was working with IED, and experienced first degree burns to both forearms, a tibfib (shin) fracture and a sucking chest wound.

Navigation: Not your typical navigation stand, on arrival members needed to climb a concrete structure of approx. 4 metres with no help or ladder, once on top they would need to find their location by conducting a resection, basically finding an easy point to recognize on the ground and on the map, take a back bearing and apply to the map, do the same thing towards a different point of interest on the ground and so on. Where the line crosses you are there. Prior to all this there were a need to adjust the magnetic declination.



THE WHITE BATTALION

ASH, Donald Borden At Quinte Health Care Belleville General, on Wednesday, February 25, 2015. Don Ash, of Madoc, in his 93rd year. Husband of the late Joan (Potter) Ash. Father of Jan Bruce, Madoc; Ted (Roxanne), Belleville; and the late Carol Norman-Rankin. Grandfather of Terri Bruce, B.J. Kelly, Thomas Bruce, April Campbell, Christina Ash, and Derek and Lawrence Norman. Loved by his many great grandchildren. Cremation has taken place. Arrangements, McConnell Funeral Home, Madoc.

EVANS, Bonnie Peacefully, in the presence and love of her family at Kingston General Hospital on Monday April 6th, 2015. Bonnie Evans, of Bloomfield, at the age of 69. Beloved wife for over fifty years of Frank. Dedicated mother of Ed of Oshawa and Kyle and his wife Eva of Hillier and grandma of Hayden, Emma and Cadel. Loved sister of Sharon (Gunter Stephan) of Wellington, Rick Young (Gailee) of Peterborough and Donna Young. Bonnie operated the Cornelius White House B&B for the past 28 years. MEMORIAL SERVICE was held at the Whattam Funeral Home, 33 Main St., Picton, on Saturday April 11th at 10:30 a.m. Reverend Phil Hobbs officiating.

DICKINSON, James with his family by his side, Jim passed away peacefully on May 26, 2015 in his 92nd year.

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Devoted husband of Gloria for 69 years. Loving father to Wendy (Lou) Fiorentino of Novi, MI; Sherry Whipple of Cambridge, Ohio; Cindy (Ken Alischer) of Baden, ON and Holly of Hamilton, ON. Dear grandpa to Brandi (Chip (Fleckenstein) of Burnsville, NC; Jason (Sara) Whipple of Ann Arbor, MI; Lynn (David) Yates of Ann Arbor, MI and step-grandchildren Scott (Crystal) Alischer of Bracebridge, ON and Cailyn (Shane) Bowman of New Hamburg, ON. Great-grandpa to Isabella, Austin, Gavin, Owen, Ely and Leah. Pre-deceased by son-in-law Bill Whipple, brothers Arthur and Harold and sister Margaret. Jim was an avid traveler and gardener and enjoyed over 30 years of retirement from TRW Canada. During WWII he fought with the Hasting and Prince Edward Regiment. He was a member of the Royal Canadian Legion and Hasty P's. Special thanks to the staff of Cardiac Care and Palliative Care units at St. Joseph's Hospital, Hamilton. To honour Jim's wishes, cremation has taken place. 12937940

WHATLEY Donald Frederick We just received word that former Pipe Major Don Whatley passed away on Friday June 5, 2015. A private service was held. No other details were provided.

WIGMORE, Robert Kenneth it is with great sadness to announce the passing of Bob at his home while surrounded by his loving family on Thursday, June 4th, 2015, in his 94th year. Son of the late Charles and Martha Wigmore. Beloved husband of Elizabeth and the late Eleanor. Proud father of Rob (Bonnie). Ever remembered by his grandchildren Carolyn, Robbie (deceased). Amy Lynn and great-grandchildren Rachel, Sidney, Hailey, Natalie, and Scotland. Predeceased by his sisters Patricia, Marjorie, and Joan, and by brothers Ivan, and Gerald. Also cherished by his step family Suzanne Cowperthwaite (Bill), Randy Whaley (Nancy), Stephanie, Karen, and Elizabeth. The funeral was held at the Hastings Park Bible Church (36 Harder Dr., Belleville) on Tuesday, June 9th, 2015 from 12noon – 1:30p.m. with a service to follow at 1:30p.m. Cremation to follow

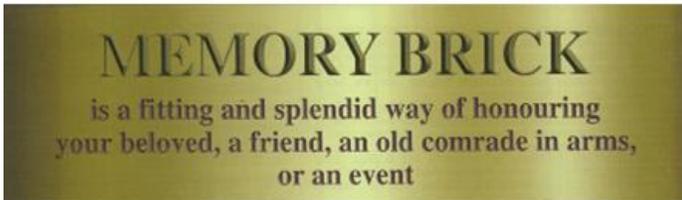
In Memory of
Robert Kenneth Wigmore, CD
April 2, 1922 – June 4, 2015



"Although our comrade has passed this earthly plane
He lives on in our hearts and minds as we knew him:
loyal, fearless and a friend to us all.
He shall be remembered. Paratus!"

Regimental Memory Bricks

Submitted by Larry Shoebridge



Memory Bricks are a fitting and splendid way of honouring your beloved, a friend, a comrade in arms or an event.

The Brick will remain in perpetuity in a highly visible place on Hastings & Prince Edward Regiment property.

Individuals or groups who donate \$75.00 or more will have a Memory Brick mounted with an inscription of their choosing. (Maximum 4 lines, 34 characters per line).

Tax receipts for \$50.00 will be issued to all individual donors.

The Memory Bricks are brick shaped plated brass plaques as shown in the diagram below.

Monies garnered will be used to support the members of The Regiment through the Regimental Associations Trust Fund where the government does not provide additional support.

Sample Wording:

In Memory of

Corporal Mathew B. Jones, CD, MMM

Presented by

James & Janice Jones

To order a Memory Brick please complete this form and mail to:

Hastings & Prince Edward Regimental
Associations Trust Fund
P. O. Box 22143
Belleville, ON K8N 5V7

Landing in Sicily Day



1.



Friday July 10, 2015

Belleville Armouries

Dress - Regimental blazer & tie, medals & beret or jacket & tie with medals for Association members / Service Dress uniform with medals for Serving Members

Timings and Format:

1000 hrs - meet other participants and assemble in Belleville Armouries

1030 - Parade forms up in three detachments - RCR, Hast & PER and 48th Highrs. Short march to Regimental Memorial on front lawn and brief memorial service

1115 hrs - After conclusion of service, short march back into armouries and dismissal

After parade dismissal - Enjoy the "traditional" meal of spaghetti, meatballs, garlic bread and dessert. Cost of the meal is only \$5 per person. Bar will be open on the main floor with regular mess prices. Red wine available with meal at no cost. Pipes and Drums performance.

BLACKIE SIMPSON MEMORIAL GOLF TOURNAMENT



Sunday July 5, 2015

Bayview Golf Center
1915 Old Highway 2
Belleville, Ontario

**Please arrive early for registration
Shotgun Start at 1000hrs sharp
Golf and Lunch \$30
Lunch only \$15**



New for 2015 we have reduced the Tournament entry fee to \$30 and we now ask each golfer to contribute a prize for the table with a nominal value of \$10.00. For example a bottle of wine, 6 pack of beer, gift cards, Lotto. The aim is and always has been to enjoy a round of golf and fellowship with each other. There will also be some lovely prizes awarded by the Regimental Association.

RSVP no later than July 1

Please contact Duncan Campbell
15 Harvest Crescent
Belleville, Ontario
K8P 4M2
613-969-7939

Those persons wishing to rent a Golf Cart should
call Bayview before the day of the tournament to reserve one
(613) 962-1254